

# Inpatient & Emergency Behavioral Health Services

## ARMC Behavioral Health Referrals:

**909-580-2813**

**24/7 Crisis Stabilization, Inpatient Care, and Emergency Care  
for Adults & Adolescents (Ages 13+)**

### The Facility

- 70-Bed **Adult** Inpatient Behavioral Health Unit
- 20-Bed **Adolescent** Inpatient Behavioral Health Unit
- Dedicated Adult & Adolescent Emergency Psychiatry Assessment, Treatment and Healing (EmPATH)
- Substance Use Disorder (SUD) Adult Inpatient Unit

### Services Offered

- Crisis intervention with Trauma-Informed Care
- Evidence-based group therapy (CBT, DBT, individual, group and family therapy)
- Individualized treatment plans for each patient
- Medication management by Board-Certified Psychiatrists
- Dual diagnosis treatment (mental health + substance use)
- Discharge planning and community reintegration

### Criteria for Referrals

- **Adolescents (Ages 13-17)**
  - Adolescents aged 13-17 years old, who can accommodate needs without severe autism or intellectual disability (ID), and with no emergent medical concerns, are appropriate for ARMC Psychiatric ED evaluation and admission to the inpatient unit. (Patients with severe autism or ID require additional screening available at any emergency department as they may have limitations that prevent the benefits from inpatient behavioral health services).
- **Adults (Ages 18+)**
  - For Adults, anyone under 65 who can perform activities of daily living, is ambulatory, can communicate needs and without severe Autism or Intellectual Disability, and with no emergent medical concerns is appropriate for psychiatric evaluation and treatment at ARMC. (Patients 65 or over require additional medical screening and clearance that can be performed at any ED.)

### Why Choose ARMC?

- Specialized adult-and-adolescent-trained staff with experienced multidisciplinary team.
- Safe, healing and recovery focused environment.
- Family involvement and coordination with schools, courts and community services for adolescents.
- Strong partnerships with county and community programs.
- Board certified physicians in adult and adolescent psychiatry