



*The Heart of a  
Healthy Community™*

September 19, 2019

Dear Colleague,

As the Chief Residents of the Internal Medicine Residency Program, we extend a warm greeting to all of the applicants interested in our residency training program. We would like to take this opportunity to introduce information to you about Arrowhead Regional Medical Center (ARMC).

ARMC, formally known as the San Bernardino county hospital, is a state-of-the-art 456-bed medical facility that opened in our current location in 1999. We are a Level II Trauma Center and primary stroke center, and also include a dialysis center and internal medicine outpatient clinic where residents can gain out-patient experience and provide continuity of care for our patients. Additionally, ARMC hosts the only burn center in the region, serving communities extending to the Nevada and Arizona state lines. The hospital and health centers are all equipped with an integrated computer system for quickly accessing laboratory values, pathology results, dictations, and other pertinent patient data, which is also accessible for home use. A digital computer system (PACS) is available for immediate viewing of radiological imaging.

ARMC also offers a rich collaborative training environment. Our house staff consists of approximately 163 residents spread among programs in Family Medicine, Emergency Medicine, Internal Medicine, Psychiatry, Neurosurgery, OB/GYN, General Surgery, as well as a Pulmonary/Critical Care fellowship. Additionally, residents from nearby programs rotate through the hospital from Oral-Maxillo-Facial surgery, Ophthalmology, and Orthopedics. The department of Internal Medicine is the second largest program with a total of 36 residents.

ARMC is a cornerstone in the community providing essential healthcare services to a variety of patient populations, including both insured and medically indigent patients. This setting offers residents the unique opportunity to manage a multitude of challenging, high-acuity medical problems ranging from common diseases to the rare "zebras." Residents have the opportunity to manage patients in the inpatient and outpatient settings where autonomy in decision-making is encouraged within a supervised setting. In addition to clinical experience, resident education is supplemented with a variety of didactics, including daily morning report, weekly board review lectures and questions sessions, hospital wide noon time lectures, guest speakers, and department specific grand rounds and conferences. ARMC has a breadth of excellent faculty in each department, many of whom have specific areas of expertise. You will find that here at ARMC, each faculty member is committed to resident education and development, as well as patient care.

Overall, ARMC Internal Medicine program offers comprehensive training in a rich and unique learning environment. The county setting combined with dedicated faculty within the context of several other residency programs result in an excellent professional experience. Good luck with your application process and we look forward to meeting all of you on interview day.

Warm regards,

Daniel Chang, MD, and Emmeline Kuo, DO

Chief Residents  
Internal Medicine Residency Program