

What Should You Do if a Patient is diagnosed with COVID-19?

- A patient with COVID-19 should be in a separate room with a dedicated bathroom. The patient should remain in the room for all activities including meals. If the patient must leave the room for medical services (e.g. x-ray), they must wear a face mask and be covered with a clean sheet.
- Identify if other patients and staff were in close contact with the patient. Exposed patients should be quarantined for 14 days and monitored for fever and symptoms.
- Exposed staff may work wearing a face mask if they have no symptoms, but they must check their temperature 2 times per day and monitor for respiratory symptoms for 14 days. If symptoms develop, they must be excluded from work, be isolated at home and tested.

To schedule a site visit, please contact
Christian Barragán at 909.677.6533
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Skilled Nursing Facility Outreach + Support Team (SO+S)



The Heart of A Healthy Community™

SOS is brought to you by the San Bernardino County Department of Public Health, Arrowhead Regional Medical Center and the Department of Behavioral Health. For more information on ARMCMC's SOS program, call 909.387.3911 for general information.

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Skilled Nursing Facility Outreach + Support Team (SO+S)



Introducing the Skilled Nursing Facility Outreach + Support Team (SO+S)

The San Bernardino County Department of Public Health – in partnership with Arrowhead Regional Medical Center (ARMC) and the Department of Behavioral Health – has put together a Skilled Nursing Facility Outreach + Support Team (SO+S) as part of its COVID-19 response. SO+S will offer expertise and training for those working with patients who are most vulnerable to COVID-19.

Functioning as part of a Countywide Multi-Department Skilled Nursing Facility Task Force, teams have been activated to assist facilities with the following:

- Provide Personal Protective Equipment (PPE) (quantities subject to availability)
- Conduct training on appropriate donning and doffing of PPE
- Provide information on COVID-19 and lessons about containment measures
- Provide information on the process for resource ordering and disease control investigations
- Assess supply chain and operational needs

The SOS team will support you with information and assistance on topics such as:

Understanding COVID-19

- Prevention at Work
 - Monitoring symptoms
 - Handwashing
 - Personal Protective Equipment (PPE)
 - Preserving Personal Protective Equipment (PPE)
 - Patient's clothes and belongings
 - Patient's room
 - Food service
 - Contractors and outside vendors
- Prevention at Home
 - How to safely return home
 - Stay in place
 - Maintain your space
 - Cover your face
 - Monitor symptoms
 - How to safely keep your home safe from infection

Rooming Guidelines

- Rooming COVID-19 positive patients and patients under investigation

Facilities

- Staffing
- Environmental cleaning and sanitizing

Care for the Caregiver & Resources

- Documents and video resources
- Contacts

