

ARMC RESIDENT BENEFIT SUMMARY

2023 - 2024

*SALARY	PER YEAR
PGY I	\$64,350
PGY II	\$67,574
PGY III	\$70,616
PGY IV	\$73,814
PGY V	\$77,996
Fellow I	\$82,208
Fellow II or Surgical Critical Care Fellow	\$85,915
Fellow III	\$89,929

*Regular review of competitive salary compensation, review of yearly nationwide American Association of Medical Colleges Resident Survey of Salary and Benefits.

Education Benefit	\$50 per pay period, 26 pay periods per year	
Meal Allowance	\$150 per pay period, 26 pay periods per year	
Vehicle Allowance	\$28.66 per pay period, 26 pay periods per year	
Medical Insurance	Premium Subsidy, up to \$482 Kaiser or Blue Cross, HMO or PPO	
Dental Insurance	Premium Subsidy, \$9.42	
Vision Insurance	No cost to resident	
Short Term Disability	No cost to resident	
Paid Time Off	4 weeks of Paid Time Off	
Medical, Dental, Care Giver Leave	6 weeks paid time off for medical, dental, or caregiver leave one time during residency. 6 weeks of approved medical, dental, parental, or caregiver leave(s) of absence for qualifying reasons that is consistent with applicable laws once and at any time during the residency program at 100% of their salary without exhausting other allowed time away from training.	
	Further information can be found in the program training manual. **Check in with your residency coordinator to ensure your program policies and County processes are in place.	
Life insurance for resident, premium paid by the County	\$35,000 to a beneficiary of your choice.	



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Deferred Compensation Plan	7.5% of resident salary – included benefit 457(b) account – voluntary, tax deferred **You are not taxed on this money until you make a withdrawal OR roll it over into a retirement account.
1) Dependent Care Assistance Plan 2) Flexible Spending Account	Resident participation is voluntary, administered by the County, allows tax deferred salary to be set aside to use for childcare or medical expenses.
iPad	Provided for length of training
AMA Membership	Provided for length of training
Safe Ride Home	Taxi vouchers and Uber Health is available .
Discount for Gym Membership	Check with Kaiser and Blue Cross for the benefit.
Research and Conference Benefit	GME Office provides financial support to residents and fellows.
PerkSpot	County sponsored discount program, electronics, insurance, other goods and services. <u>https://sailthru.perkspot.com/manage/38y/oc?message_id=2</u> 7964727.00355259&hash=86e31359
LifeWorks - Employee Assistance Program / Life Referrals Includes up to 5 mental health professional visits.	<u>https://us.lifeworks.com</u> No cost to resident
Comprehensive General Liability, Professional Liability including Auto Liability self-insurance up to \$3,000,000 (combined single limits for bodily injury and property damage)	No cost to resident
Healthcare Professional Liability self-insurance (combined single limits) \$1,000,000	No cost to resident

