



*The Heart of a
Healthy Community*

January 2021 Health Observances

Month:

- [Cervical Health Awareness Month](#)
- [Glaucoma Awareness Month](#)
- [National Birth Defects Prevention Month](#)
- [National Blood Donor Month](#)
- [Thyroid Awareness Month](#)

Weeks:

- [January 18 – 22, Healthy Weight Week](#)

Days:

- [January 4, World Braille Day](#)
- [January 12, National Pharmacist Day](#)
- [January 31, World Leprosy Day](#)

BOARD OF SUPERVISORS

COL. PAUL COOK (RET.)
First District

JANICE RUTHERFORD
Second District

DAWN ROWE
Third District

CURT HAGMAN
Chairman Fourth District

JOE BACA, JR.
Fifth District

LEONARD X. HERNANDEZ
Chief Executive Officer