



Photo taken pre-COVID-19

DESCRIPTION OF MAJOR SERVICES

A rrowhead Regional Medical Center (ARMC) is a 456-bed university-affiliated teaching hospital licensed by the State of California Department of Public Health and operated by San Bernardino County. The hospital, and adjacent medical school, are located on a 100-acre campus in Colton, California. ARMC operates a regional burn center, a comprehensive stroke center, a trauma center, a stand-alone behavioral health center, five primary care centers, including four off-site family health centers, and more than 40 outpatient specialty care services.

PRIMARY CARE CENTERS

The Primary Care Centers offer comprehensive primary care medical services to individuals and families in Rialto (Arrowhead Family Health Center – Westside), San Bernardino (Arrowhead Family Health Center – McKee), Fontana (Arrowhead Family Health Center – Fontana), Redlands (Arrowhead Family Health Center – Redlands), and Colton (ARMC Primary Care Clinic in the Medical Office Building).

EMERGENCY DEPARTMENT

ARMC's Emergency Department is one of the busiest in the state, and includes a helicopter landing area that can accommodate both standard medical evacuation helicopters and military helicopters. The ER provides acute, emergent and urgent treatment for patients who visit the department.

TRAUMA CENTER

ARMC's trauma center treats the most seriously injured patients and is one of the region's busiest for adult trauma care. It is verified by the American College of Surgeons, and has maintained this voluntary, comprehensive review since 2006.

OUTPATIENT AND SPECIALTY SERVICES

- Blood Gas Laboratory
- Burn Clinic
- Cardiology (interventional and cardiac rehab)
- Chest Clinic and Neurodiagnostics
- Coumadin Clinic
- Diabetes Clinic
- Dialysis Center
- Endocrinology Clinic
- Gastroenterology Lab
- Hepatology
- Infusion Therapy
- Lipid Clinic
- Neurology
- Oncology Services
- Ophthalmology
- Orthopedics (adult and pediatric clinics)

NEONATAL INTENSIVE CARE UNIT (NICU)

The 30-bed unit offers state-of-the-art intensive care in a nursery setting and provides care for premature infants and sick newborns requiring continuous assessment, observation and intensive treatment.

EDWARD G. HIRSCHMAN BURN CENTER

Located on the second floor of ARMC, the center provides complete burn care to patients of all ages and serves four counties: Inyo, San Bernardino, Riverside and Mono. Dedicated and caring, the burn center's multidisciplinary team includes specialized nurses; general surgeons and plastic surgeons; case managers; social workers; respiratory, occupational and physical therapists; dietitians; pharmacists and chaplains. The center offers an outpatient clinic to address the needs of patients who have been discharged from the hospital. The center also provides burn prevention education for the public and training for paramedics, occupational and physical therapists and nursing students.

ARMC SERVICE AREA

San Bernardino County (20,000-plus square miles)

- Otolaryngology (ENT) and Oral, Maxillofacial Surgery
- Pain Management Clinic
- Pediatrics Clinic
- Podiatry
- Pulmonary Function
- Renal
- Respiratory Care Services
- Rheumatology
- Surgical Services (General Surgery, Neurosurgery, Plastic Surgery)
- Urology Clinic
- Vascular Clinic
- Women's Health Services
- Wound Care Center (Hyperbaric Oxygen Therapy)

BEHAVIORAL HEALTH SERVICES

The Behavioral Health Center, located on the campus of Arrowhead Regional Medical Center, provides adult (ages 18–65) psychiatric emergency, crisis stabilization and inpatient psychiatric treatment services for the assessment and treatment of acute psychiatric emergencies and mental health issues. The Behavioral Health program consists of 90 licensed beds and is comprised of a Behavioral Health Triage unit, a Crisis Stabilization unit and three Behavioral Health Inpatient units. Patients are evaluated in a secure, safe environment, and treated by an interdisciplinary team of psychiatrists, clinical therapists, nurses, and occupational therapists whose goal is to help patients lead more healthful and productive lives.

WOMEN'S AND CHILDREN'S HEALTH SERVICES

ARMC offers comprehensive care for women and children in a caring environment supporting the total family experience. Designated as a Baby-Friendly hospital, ARMC supports the global effort aimed at improving the role of maternity services in encouraging mothers to breastfeed babies for the best start in life. ARMC's postpartum amenities include a remodeled mother-baby unit featuring state-of-the-art private suites for postpartum care.

COMPREHENSIVE STROKE CENTER

ARMC's Comprehensive Stroke Center is verified by the Accreditation Commission for Health Care (ACHC) and provides the latest treatment advances for stroke. Many ARMC departments including primary care, emergency medicine, neurology, lab, radiology, nursing, social work, case management, and physical, occupational, and speech therapy work together to identify the acute changes that present as stroke and take corrective actions to provide care and restore function to stroke patients.

CASE MANAGEMENT

Case managers work with a multidisciplinary team to provide comprehensive, on-going coordination of services for patients who may have multiple discharge planning needs.

LABORATORY SERVICES

The full-service ARMC Pathology, Clinical Laboratory and Blood Gas Laboratory are accredited by the State of California and the College of American Pathologists (CAP). Services include the disciplines of blood bank, chemistry, coagulation, hematology, microbiology, serology and urinalysis. State-of-the-art instrumentation in hematology and chemistry help the lab conduct nearly two million tests each year. The lab's blood bank provides blood and blood products to patients in ARMC's busy emergency department and trauma center. The lab also has a medical technology school that educates and trains laboratory interns which qualifies them for national certification and state licensure as a clinical laboratory scientist.

COMMUNITY OUTREACH PROGRAMS

ARMC offers health education seminars and hosts a variety of support groups. A yearly 5K Walk/Run, Breathmobiles (asthma education and screening), and a Mobile Medical Clinic, provide education and resources throughout our County.

GRADUATE MEDICAL EDUCATION

ARMC is the principle clinical site for multiple residency training programs and fellowships accredited through the Accreditation Council for Graduate Medical Education (ACGME). Residency programs include: Diagnostic Radiology; Emergency Medicine; Family Medicine; Internal Medicine; Neurology; Obstetrics and Gynecology; Psychiatry; and Surgery. Fellowships in Emergency Medical Services; Maternal Fetal Medicine; Pulmonary Critical Care; and Surgical Critical Care are also offered. Residents have access to sleep rooms, computer labs, conference rooms, resident lounge, lactation facilities, and a medical library.

PATIENT AND FAMILY SUPPORT SERVICES

Our dedicated team of Master's-trained clinical social workers provides counseling to help patients and families manage life changes associated with major illness and hospitalization. They provide crisis intervention, support, and brief, solution-focused clinical interventions. Our social workers also provide psychoeducation, linkages to community resources, and facilitate therapeutic support groups to address the emotional needs of our patients and caregivers.

CALIFORNIA UNIVERSITY OF SCIENCE AND MEDICINE (CUSM)

Health care disparities disproportionately affect underserved areas, such as the Inland Empire (the combined populations of San Bernardino and Riverside counties). The Inland Empire has one of the lowest availabilities of physicians, dentists, and other health care workers per capita within the entire State. In early 2014, to help overcome these challenges, a group of local physicians and philanthropists announced their plans to establish the California University of Science and Medicine (CUSM). Their vision of a new university was made possible by a \$40 million contribution by the Prime Healthcare Foundation to establish the University's School of Medicine. CUSM purchased nearly 30 acres of land adjacent to ARMC to be the future home of the state-of-the-art university. In December 2015, San Bernardino County (on behalf of ARMC) signed a hospital affiliation agreement with CUSM, making ARMC the primary teaching hospital for CUSM. The University welcomed its first class of students in 2018. The School of Medicine is an allopathic (MD) school, and is the first new, privately funded, not-for-profit medical school to earn accreditation from the Liaison Committee on Medical Education (LCME) since 1949. They offer a unique curriculum which focuses on the integration of basic and clinical sciences, introducing medical students to clinical medicine from their first day. <https://www.cusm.org/>

CANCER CARE CENTER

ARMC's new comprehensive oncology and infusion therapy center is located on the second floor of the Medical Office Building. Patients at the Cancer Care Center have access to social workers, and on-site nutritionists provide support throughout cancer treatment. The new center's Medical Oncology/Hematology Department is staffed by physicians from the City of Hope, a National Cancer Institute – designated comprehensive cancer center. Equipped with two waiting areas, four patient restrooms, 11 private exam rooms, and 17 spacious and semi-private infusion bays with a personal television and USB port, the center offers spacious accommodations for family members or friends accompanying patients during treatment.