



The Orthopedic Clinic has established the following standardized criteria for referrals.

To avoid delay in appointment scheduling, please ensure that all supporting information for the pre-determined outcome and/or condition is included with the Outpatient Referral Form **prior** to requesting the referral. Please mark the appropriate box(s) as indicated.

1. Primary care cortisone injection indications in the upper extremity include:

- Medial (Golfer's Elbow) and Lateral (Tennis Elbow) Elbow Epicondylitis
- De Quervain dz
- Thumb CMCJ Arthritis
- Mild to Moderate (based on EMG/NCS) Carpal Tunnel Syndrome
- Dorsal Ganglion Cysts
- Trigger Digits

2. Primary Care cortisone injection indications for knee patients include:

- Patients with OA, RA, GA
- Patients with Post-Traumatic Arthritis