

The Section of **Child Neurology**, in the Department of Pediatrics at Arrowhead Regional Medical Center, is experiencing increasing numbers of referrals, far beyond its capacity to evaluate and treat this growing population. Presently, there are over 600 new patients awaiting requested neurological consultations.

Because of this unsustainable demand on services, this practice needs to select certain categories of patients that should be evaluated and treated in their primary physician's office, without referral.

The following referrals will no longer be managed by this practice:

- 1. Febrile Seizures
- 2. Megaloencephaly (large head), over the age of 1 year
- 3. Attention Deficit, with or without hyperactivity
- 4. Mental Retardation over the age of 3 years
- 5. Behavior Disorders/Psychiatric Disorders
- 6. Autism at any age
- 7. Former patients beyond the age of 18 years
- 8. Patients who have been previously discharged from Neurology (unless underlying problem has recurred)
- 9. Isolated cases of seizure activity (single seizure) without recurrence in 6 weeks
- 10. Isolated non-migrainous headache (less than two per month)

All referrals must have medical records attached with a clear-cut reason for the referral. New onset epilepsy patients must have an accompanying electroencephalogram (preferably performed at Arrowhead Regional Medical Center, Tel: (909) 580-3250 Fax: (909)580-3218) and cerebral imaging study (CT or MRI) Tel: (909) 580-1510 Fax (909) 580-1830).

Patients referred for possible mental retardation, must minimally have the following laboratory studies:

- 1. Chromosome Karyotype
- 2. If a male, a Fragile X PCR

Unfortunately, these restrictions are necessary to continue providing neurological evaluation and continuing care of the children in our Pediatric Neurology practice.