Note: If you have been Pre-Enrolled for the Patient Portal, please go to Page 3.

Step 1) How to Self-Enroll into our Patient Portal

Please go to our main website, https://www.arrowheadregional.org/, and click the, “My ARMC Health Portal” link.

From here you need to fill out all the fields (see below), submit your request and you will get a message you were successful. Note: Should you have any issues you can call our Patient Portal support line: 909-580-2779

(Step 1 continued on next page)
Step 2) Complete Self-Enrollment

Important Note for patients on iPhones & iPads: There is a known issue on Safari that attempts to Autofill the password, we are working on getting this corrected, for now we recommend you copy the link from the Email, and use Google Chrome.

You should have gotten an email from “My ARMC Health” with a One Time Password email (example on the right). Click on the link, and complete the enrollment by creating your username, password, and security questions.
We also have a Patient Portal app which can be found in the Google Play Store, or Apple’s App Store, search for ‘MHealth’ and select our facility from the app.

**Login Requirements:** Must be 6 characters long, with a minimum of 2 Numeric Characters.

**Password Requirements:** Must be 8 Characters long, with a minimum 1 Uppercase, 1 Lowercase, and 1 Numeric character.

**Security Questions:** Please use the dropdown list and select any and answer any of the questions.
**Pre-Enrollment**: This step you skip most of step 1 and 2, because an ARMC employee assisted you with the Pre-Enrollment. You would get a One Time Email from “My ARMC Health” and you click on the link.

**Important Note for patients on iPhones & iPads**: There is a known issue on Safari that attempts to Autofill the password, we are working on getting this corrected, for now we recommend you copy the link from the Email, and use Google Chrome.

**Login Requirements**: Must be 6 characters long, with a minimum of 2 Numeric Characters.

**Password Requirements**: Must be 8 Characters long, with a minimum 1 Uppercase, 1 Lowercase, and 1 Numeric character.

**Medical Record Number**: Please enter your full Medical Record assigned to you (include all zeros)

**Security Questions**: Please use the dropdown list and select any and answer any of the questions.

You have completed the enrollment to our Patient Portal. From here you will start getting email notifications on new results or messages.

If you are continuing to have issues with enrolling in our Portal, please call

**Patient Portal support line**: 909-580-2779

**Support Email**: My_ARMC_Support@armc.sbcounty.gov